

SECTION 3

Cape Lookout to Lincoln City



OREGON COAST TRAIL



PLAN YOUR TRIP


**Trail route may change** due to safety issues, road closures or detours. Check ahead at [stateparks.oregon.gov](http://stateparks.oregon.gov).

**Gaps in the trail** are identified in red. These are sections that are disconnected, inconvenient, unsafe or seasonally inaccessible.

**Beach camping** is not allowed within city limits, state park boundaries, plover nesting areas, or any signed areas restricting camping.

**Beach fires** are only allowed in dry, open sand away from grass and driftwood. Additional fire restrictions may be in place—watch for signs.

**Hiker/biker camping** is at many state parks and is first-come, first-served. Visit [stateparks.oregon.gov](http://stateparks.oregon.gov) for information.

 **Seasonal beach restrictions March 15 -Sept. 15:**  
On certain beaches hikers must stay on wet sand during nesting season for the western snowy plover. No dogs, camping or beach fires; other activities may also be restricted. [oregon.gov/plovers](http://oregon.gov/plovers)

Main Route

- OCT on beach
- OCT on trail/sidewalk
- OCT on road

Gap Sections

- OCT on trail or sidewalk
- OCT on road

- Trail directions
- Beach access
- State Park
- Restroom
- Shower
- Drinking water
- Camping
- Hiker/biker camp
- Beware of dangerous tides

